



2007 Sea Trials



The mission of Sea Trials 2007 is to provide a dimactic physical and mental challenge to the Plebe class designed to test their teamwork through shared adversity, thus reinforcing their bonds as a company and a class. Secondly, Sea Trials will challenge the upper classes with an additional leadership opportunity in which they must inspire their subordinates to push through their physical and mental barriers both individually, and as a team.

2007 Sea Trials Staff

Sea Trials Officer-In-Charge – CDR Anne Hammond
Asst. Officer-In-Charge – LT Kurt Parsons

Sea Trials CDR – MIDN 1/C Ben Pimentel
Executive Officer – MIDN 1/C Greg Zilai
Operations Officer – MIDN 1/C DJ Jordan
Herndon Phase CDR – MIDN 1/C J Whorley
Farragut Phase CDR – MIDN 1/C Austin Duncan
McDonough Hall Phase CDR – MIDN 1/C John Kennedy
Naval Station West Phase CDR – MIDN 1/C Chris Black
Naval Station East Phase CDR – MIDN 1/C Chris Meek
Hospital Point Phase CDR – MIDN 1/C Mary Wootan
Transition/Run Phase CDR – MIDN 1/C Justin Wells

Six Phases

- Three at USNA

- * Farragut Field
- * McDonough Hall
- * Hospital Point

- Two at Naval Station

- * West - Endurance course and surrounding area
- * East - Obstacle course and surrounding area
- One Transition from USNA to the Naval Station
- * Run/Transition Phase

Synchronized Rotation for Companies: 1 hour 40 minutes per phase plus 20 min transition time between phases.

		AFTERNOON EVOLUTIONS																			
		CO	1340-1400	1400-1420	1420-1440	1440-1500	1500-1530	1530-1540	1540-1600	1600-1620	1620-1640	1640-1700	1700-1720	1720-1740	CO						
M	1	Transit to NSW	Dong Ha Bridge	Paintball	E-Course 1	Log PT	E-Course 2	Transit to NSE	Ruck Run 1	O-Course	Pugil Sticks	Rivernie	Ruck Run 2	1							
E	2	Transit to NSW	Paintball	E-Course 1	Log PT	E-Course 2	Dong Ha Bridge	Transit to NSE	Ruck Run	O-Course	Pugil Sticks	Rivernie	Ruck Run 2	2							
D	3	Transit to NSW	E-Course 1	Log PT	E-Course 2	Dong Ha Bridge	Paintball	Transit to NSE	Rivernie	Ruck Run	O-Course	Pugil Sticks	Rivernie	3							
C	4	Transit to NSW	E-Course 2	Log PT	E-Course 2	Dong Ha Bridge	Paintball	Transit to NSE	Pugil Sticks	Rivernie	Ruck Run	O-Course	Pugil Sticks	4							
A	5	Transit to NSW	E-Course 2	Dong Ha Bridge	Paintball	E-Course 1	Log PT	Transit to NSE	O-Course	Pugil Sticks	Rivernie	Ruck Run	O-Course	5							
		Run to the Naval Station																			
H	6	Dong Ha Bridge	E-Course 1	Log PT	E-Course 2	Dong Ha Bridge	Paintball	Transit to NSE	Ruck Run 1	O-Course	Pugil Sticks	Rivernie	Ruck Run 2	6							
E	7	Paintball	E-Course 1	Log PT	E-Course 2	Dong Ha Bridge	Paintball	Transit to NSE	Ruck Run	O-Course	Pugil Sticks	Rivernie	Ruck Run 2	7							
C	8	E-Course 1	Log PT	E-Course 2	Dong Ha Bridge	Paintball	E-Course 1	Transit to NSE	Rivernie	Ruck Run	O-Course	Pugil Sticks	Rivernie	8							
H	9	Log PT	E-Course 2	Dong Ha Bridge	Paintball	E-Course 1	Log PT	Transit to NSE	Pugil Sticks	Rivernie	Ruck Run	O-Course	Pugil Sticks	9							
E	10	E-Course 2	Dong Ha Bridge	Paintball	E-Course 1	Log PT	E-Course 1	Transit to NSE	O-Course	Pugil Sticks	Rivernie	Ruck Run	O-Course	10							
C	11	Ruck Run 1	O-Course	Pugil Sticks	Rivernie	Ruck Run 2	11	1340-1400	1400-1420	1420-1440	1440-1500	1500-1530	1530-1540	1540-1600	1600-1620	1620-1640	1640-1700	1700-1720	1720-1740		
D	12	Ruck Run	O-Course	Pugil Sticks	Rivernie	Ruck Run 2	12	Transit to Farragut	Box Challenge	Bear Pit	Tug of War	DC	Herndon	Combat	11						
I	13	Rivernie	O-Course	Pugil Sticks	Rivernie	Ruck Run 2	13	Transit to Farragut	Box Challenge	Bear Pit	Tug of War	DC	Herndon	Combat	12						
C	14	Pugil Sticks	Rivernie	Ruck Run	O-Course	Pugil Sticks	Rivernie	Transit to Farragut	Box Challenge	Bear Pit	Tug of War	DC	Herndon	Combat	13						
A	15	O-Course	Pugil Sticks	Rivernie	Ruck Run	O-Course	Pugil Sticks	Transit to Farragut	Box Challenge	Bear Pit	Tug of War	DC	Herndon	Combat	14						
		Run to the Naval Station																			
M	16	Herndon	Box Challenge	Bear Pit	Tug of War	DC	Herndon	Transit to MacD	Weighted Relays	Suicide Relays	Combat	Challenge Pit	Medic	Zodiac	16						
E	17	Box Challenge	Bear Pit	Tug of War	DC	Herndon	Herndon	Transit to MacD	Weighted Relays	Suicide Relays	Combat	Challenge Pit	Medic	Zodiac	17						
H	18	Bear Pit	Tug of War	DC	Herndon	Herndon	Herndon	Transit to MacD	Weighted Relays	Suicide Relays	Combat	Challenge Pit	Medic	Zodiac	18						
C	19	Tug of War	DC	Herndon	Herndon	Herndon	Herndon	Transit to MacD	Weighted Relays	Suicide Relays	Combat	Challenge Pit	Medic	Zodiac	19						
K	20	DC	Herndon	Herndon	Herndon	Herndon	Herndon	Transit to MacD	Weighted Relays	Suicide Relays	Combat	Challenge Pit	Medic	Zodiac	20						
		Run to the Naval Station																			
M	21	Tug of War	Weighted Relays	Suicide Relays	Combat	Challenge Pit	Medic	Transit to Hospital Point	Weighted Relays	Suicide Relays	Combat	Challenge Pit	Medic	Zodiac	21						
E	22	Weighted Relays	Suicide Relays	Combat	Challenge Pit	Medic	Transit to Hospital Point	Weighted Relays	Suicide Relays	Combat	Challenge Pit	Medic	Zodiac	22							
D	23	Suicide Relays	Combat	Challenge Pit	Medic	Transit to Hospital Point	Weighted Relays	Suicide Relays	Combat	Challenge Pit	Medic	Zodiac	23								
C	24	Creative Strength-enng	Combat	Tug of War	Weighted Relays	Suicide Relays	Creative Strength-enng	Transit to Hospital Point	Weighted Relays	Suicide Relays	Combat	Challenge Pit	Medic	Zodiac	24						
A	25	Combat	Tug of War	Weighted Relays	Suicide Relays	Creative Strength-enng	Transit to Hospital Point	Weighted Relays	Suicide Relays	Combat	Challenge Pit	Medic	Zodiac	25							
		Run to the Naval Station																			
H	26	Zodiac	Challenge Pit	Medic	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	26							
E	27	Zodiac	Challenge Pit	Medic	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	27							
C	28	Wet and Sandy	Challenge Pit	Medic	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	28							
H	29	Medic	Challenge Pit	Medic	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	29							
E	30	Challenge Pit	Medic	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	Transit to Run	30							