

## PLEBE SUMMER 2009

Plebe Summer is a demanding, fast-paced orientation that begins the four years of preparation for commissioning as Navy or Marine Corps officers. Physical and mental demands upon the Plebes' time seem never ending, but they all have a purpose: The development of leadership ability, motivation, moral strength, physical skills and stamina – attributes of any outstanding Naval officer.

Although some form of military training is found at many American universities, the rigorous routine and extraordinary challenges of a year-long plebe development system are unique to the service academies. Along with completing other phases of midshipmen training and education, the Plebe year at the United States Naval Academy is designed to test and develop. It is a challenging year requiring midshipmen to stand on their own feet, to produce under pressure, to respond promptly and intelligently to orders, and finally to measure up to the highest standards of character, honor, and morality.



### PLEBE SUMMER

"THE PURPOSE OF PLEBE SUMMER IS TO PREPARE CAREFULLY SCREENED CIVILIANS AND MILITARY SERVICEMEN TO BE PRODUCTIVE AND COMPETENT MIDSHIPMEN AT THE UNITED STATES NAVAL ACADEMY. COMMISSIONED OFFICERS OF THE NAVY AND MARINE CORPS, ASSISTED BY THE MEMBERS OF THE CLASSES OF 2011 AND 2012, ARE RESPONSIBLE FOR PLANNING AND SUPERVISING THIS TRANSITION.

DURING PLEBE SUMMER, EACH PLEBE IS EXPECTED TO ACQUIRE THE BASIC MILITARY SKILLS, PROFESSIONAL KNOWLEDGE, AND CHARACTER QUALITIES, REQUIRED BY ACADEMY STANDARDS. PLEBES MUST OVERCOME MANY DEMANDING CHALLENGES AND THEREBY DEVELOP INCREASED PHYSICAL STAMINA, MENTAL ALERTNESS, AND SELF-CONFIDENCE.

PLEBE SUMMER IS A TIME FOR PERSONAL RAPID GROWTH. IT IS BOTH COMPETITIVE AND TOUGH; BUT IT IS AN EXCITING AND REWARDING EXPERIENCE WHICH CAN BE ENJOYED AND CHERISHED FOR YEARS TO COME."

— USNA PARENTS CLUB OF GREATER CHARLOTTE

### A Typical Day

<b>0545 -</b>	Reveille
<b>0610 - 0740</b>	Physical Education Program (PEP)
<b>0740 - 0810</b>	Room clean-up
<b>0810 - 0845</b>	Morning meal formation/Morning meal
<b>0900 - 1200</b>	Morning training (moral, mental, physical or professional development)
<b>1210 - 1250</b>	Noon meal formation/Noon meal
<b>1300 - 1600</b>	Afternoon training (moral, mental, physical or professional development)
<b>1610 - 1810</b>	Sports period
<b>1830 - 1915</b>	Evening meal formation/Evening meal
<b>1930 - 2100</b>	Evening training (moral, mental, physical or professional development)
<b>2100 - 2145</b>	Personal time/Mail call/End of day instructions
<b>2145 -</b>	Taps/Lights out

